

Tamarind Tree

RESTAURANT

AL LA CARTE MENU

SOUP & SALAD

Cream of Pumpkin Soup

ENTRÉES

Your choice of one entree.

Braised Beef with Red Wine & Root Vegetables

Steamed Grey Snapper with Citrus Glaze

Roast Chicken in Mushroom Sauce

Eggplant Parmesan

SIDES

Roast Potato

Steamed Rice

Medley of Vegetables

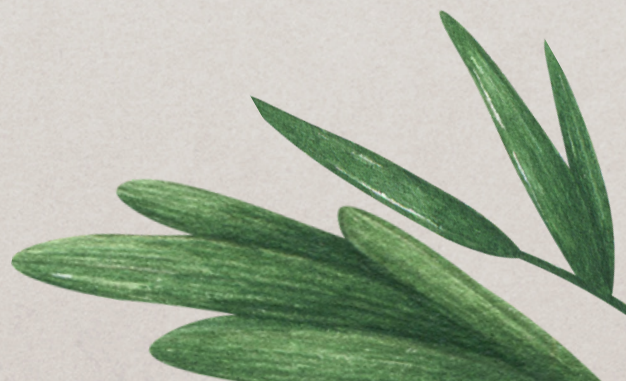
Dessert

Selection of Desserts

Cheese & Crackers

Ice Cream

Tea or Coffee



Tamarind Tree

RESTAURANT

ITALIAN BUFFET MENU

SOUP & SALAD

Minestrone

Salad Bar

ENTRÉES

Your choice of one entree.

Spaghetti Bolognese, Penne Pasta Alfredo

Roast Chicken with Mushroom white Wine Sauce

Grilled Butter Fish with Beetroot & Capers Butter

Potato & Pumpkin Pudding

SIDES

Saffron Rice

Roast Potato with Red Onion

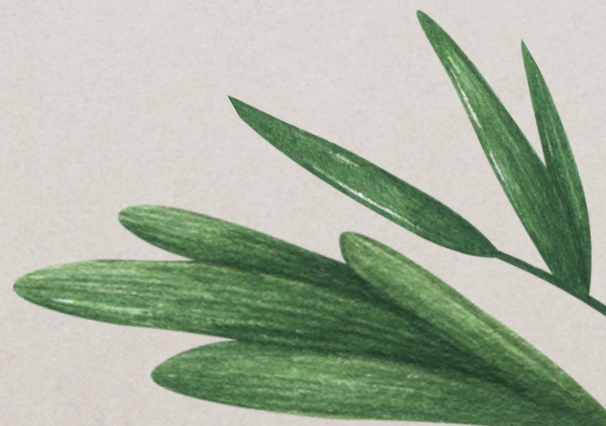
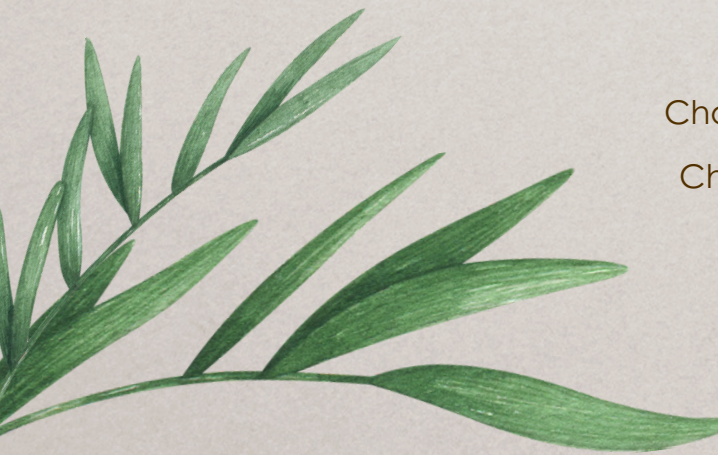
Medley of Vegetables

Dessert

Choice of Ice Cream

Cheese & Crackers

Tea or Coffee



Tamarind Tree

RESTAURANT

AL LA CARTE BREAKFAST MENU

Fresh Fruit Plate
Yogurt (*Fruit or Plain*)
Ham and Cheese Plate (Cold)
Choice of Pastries
Hot Oatmeal
Cereals
Raisin Bran, Corn Flakes & Frosted Flakes

DAILY SPECIAL

Eggs Any Style
Scrambled, Hard Boiled, Poached, Sunny Side Up & Over Easy
Choice of Omelet
Cheese, Ham, Egg White & Spinache
Bacon
Pork Sausage
Baked Beans
Sautéed Mushrooms
Hash Brown Potatoes
Cinnamon or Vanilla French Toast
Pancakes
Plain, Coconut, Blueberry & strawberry W/ maple syrup
Bagel w/ cream cheese
English muffins
White & whole wheat Sliced Bread
Butter, Orange Marmalade, Strawberry jam, grape Jelly, Local honey

Milk Options

Full Cream, Skimmed Milk, Almond Milk, Soy Milk

Beverages

Hot Chocolate
Selection of Tea Coffee
Fruit Juice
Orange Juice, Cranberry Juice, Apple Juice



Sea Grape

RESTAURANT

LUNCH MENU

Tossed, Mixed Garden Salad

W/ Choice of Dressing

Jerk Chicken Salad w/ Mango

Dressing

Tuna Salad w/ Garlic Bread

Corn tortilla Chips

*w/ Jalapeño Pepper , Tomato Salsa,
Cheese Sauce, Sour Cream, Guacamole*

Fresh Fruit Plate

Crispy Fish Sandwich

Lettuce, Tomato, Onion, Lemon Capers Mayo

Chicken Sandwich

Mayo, Lettuce, Tomato, Pickle

Sandwiches

*served with Tuna Fish, Ham & Cheese or Turkey
on White or Wheat Slice*

Blackened Fish Wrap

Lettuce, Onion, Tomato & Lemon Aioli

ON THE GRILL

Hamburger

Cheese Burger

Fish Burger w/ Garlic Mayo

Chicken Hotdog

w/ sweet Relish & Onions

Catch of The Day

w/ Chef's choice of sauce

BBQ chicken w/ Coleslaw

French Fries

DESSERT

Choice of Dessert

Ice Cream

Tea and Coffee

CHEF'S DAILY PASTA SPECIAL



GRILLED CORN

MILD GRILLED JERK CHICKEN

Served with Roasted Potato, Fresh Green Salad

STEAMED FISH

Served with Roasted Potato, Fresh Green Salad

PD'S BEEF BURGER

Served with Roasted Potato with Condiments
Sweet & Sour Sauce & Jalapeno, Bacon Strips, Ham or Cheese

DESSERT

Fresh Local Pastry of the Day

Fresh Local Fruits

Tea or Coffee



CHEF'S SPECIAL OF THE DAY

- Half of Hawksbill Rock Lobster with Garlic Butter **EC\$80**
- 8 Oz Grilled New York Striploin Steak with Herb Butter **EC\$65**
served with Roasted Potato & Green Salad